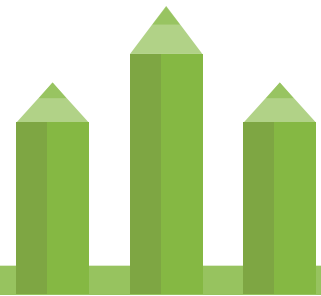


the STUDENT SUCCESS CENTER



Villa Success Roundtable Series

Dear Villa Maria College Student,

The Student Success Center at Villa Maria College believes that establishing a relationship with our students is an important component of a successful college experience. Therefore, this August you are invited to join the Villa community. We will hold a series of conversations where we will share advice and answer your questions about how to be an outstanding college student.

There are three available dates to choose from: Tuesday, August 8th, 2017, Monday, August 14th, 2017, and Friday, August 25th, 2017. Attend one of these dates from 9:15 AM-2:15 PM in the Student Success Center.

Choose one date: August, 8 | August, 14 | August, 25
Time: 9:15 AM-2:15 PM | Location: Student Success Center

Sessions:

- **Bridge to College**
- **Getting Involved at Villa Maria College**
- **Why Is It Healthy to Ask for Help?**
- **Lunch – Eating Healthy Without Breaking the Bank**
- **Managing Your Finances in College**
- **Villa Lifelines**
- **Successful Habits of "A" Students**

Optional Sessions: Achieve Overview or Say Yes Scholar Financial Aid Overview (2:20 PM)

Please RSVP and let us know which session you will attend:

E-mail: StudentSuccess@villa.edu or call 716-961-1866

Location: Student Success Center (Ground Level of the Library Building)

All sessions are FREE and include lunch!



240 PINE RIDGE ROAD | BUFFALO, NY, 14225
716.896.0700 | VILLA.EDU

Villa Success Roundtable Series

Session Descriptions

Bridge to College

If you have heard “college is so different from high school” and want to understand what it means, join us for this conversation. We will dispel myths about the college experience, and discuss the realities of being a college student including, college vocabulary, how to address your instructors, and how much time it will take to complete your projects.

Villa Lifelines

College can be a difficult transition for everyone, but there are always people available to help. Come to this conversation to find out who you can turn to when you’re having a bad day, struggling with a class, having family issues, or just need to talk confidentially. Villa has so many people who are here to support you!

Successful Habits of “A” Students

Whether you struggled in high school, or were the Valedictorian of your graduating class—this conversation can help you achieve success in your first semester at college. From studying to managing your time after and before class, this conversation will discuss the habits of successful students.

Managing Your Finances in College

The Financial Literacy roundtable discussion will focus on helping you understand your finances, make smarter everyday financial decisions and establish a strong financial foundation that can put you in control of a successful financial future.

Lifestyle and College Success

College is an exciting time, yet it often requires some personal adjustments. This session will provide you with an opportunity to take a look at your current approach to life, identify potential obstacles, and explore strategies to help you succeed in your new role as college student.

Eating Healthy Without Breaking the Bank

With cost of college and cost of living going up, some students choose to save money by either not eating or buying cheaper, unhealthy options. Join us to learn new ways to eat well on a slim budget by making some minor adjustments to your habits, reprioritizing, and utilizing some simple planning.

Why Is It Healthy To Ask For Help?

We can all use help at various times and it’s important to recognize when to ask for it. From a wellness perspective, we will take a holistic look at self-awareness and the value of knowing when to seek resources.

Getting Involved at Villa Maria College

Have you ever wondered what you could do with your time outside of the classroom while you are in college? Look no further! The Director of Student Life will be on hand to help introduce you to all of the opportunities you have at your disposal as a student here at Villa Maria. From clubs to leadership to campus programming, there are multiple ways you can get involved and make the most of your experience at Villa!

Optional Sessions:

Achieve Overview

If you’re considering the Achieve Program for Students with Learning Differences, this overview will cover all your questions. Focusing on how students with learning differences can use their strengths to overcome challenges and the individualized support Achieve students will receive, participants will get to try technology like Dragon, Kurzweil, and Livescribe Smartpens. Please note: This session will only be offered on August 8 and 14.

Say Yes Scholar Financial Aid Overview

If you are a Say Yes Scholar, this overview will cover questions that you may have about the financial aid process for Say Yes students at Villa Maria College. Important deadlines and procedures will be discussed. Come to ensure you meet the requirements to receive Say Yes.

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